Bath County Public Schools OCTOBER 2011 BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <u>BREAKFAST</u> : Cereal, Toast	4 <u>BREAKFAST</u> : Breakfast Pizza	5 <u>BREAKFAST</u> : Cereal, Cinnamon Toast	6 <u>BREAKFAST</u> : Sausage Biscuit, Gravy	7 <u>BREAKFAST</u> : Scrambled Eggs, Toast
LUNCH: Cheeseburger on Bun (L/T/M), Potato Rounds, California Mix, Fruit	<u>LUNCH</u> : Taco Salad, Mexican Rice, Carrots, Assorted Fruits	<u>LUNCH</u> : Popcorn Chicken, Green Beans, Peaches, Roll, Chocoleana Cake	<u>LUNCH</u> : Hot Dog on Bun, Baked Beans, Cole Slaw, Fruit	<u>LUNCH</u> : Beef-a-Roni, Tossed Salad, Fruit, Roll
BCHS Salad Bar Entrée: Mini Corn Dogs	<u>BCHS Salad Bar Entrée</u> : Egg Roll	<u>BCHS Salad Bar Entrée</u> : Grilled Chicken	<u>BCHS Salad Bar Entrée</u> : Baked Potato w/ Toppings	<u>BCHS Salad Bar Entrée</u> : Stuffed Crust Pizza

NATIONAL SCHOOL LUNCH WEEK "School Lunch - Let's Grow Healthy"

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10 <u>BREAKFAST</u> : Breakfast Pizza	11 <u>BREAKFAST</u> : Eggs, Biscuit	12 BREAKFAST: Grilled Cheese Toast	13 <u>BREAKFAST</u> : Sausage Biscuit/Gravy	14 <u>BREAKFAST</u> : Cereal, Toast
LUNCH: Turkey Gravy on Bread, Mashed Pototoes, Mini Carrots, Assorted Fruits	LUNCH: Whole Wheat Spaghetti w/ Meat Sauce, Broccoli, Tossed Salad, Breadstick, Orange	<u>LUNCH</u> : Chicken Tenders, Green Beans, Macaroni & Cheese, Roll, Choice of Fresh Fruit	<u>LUNCH</u> : Barbeque on Bun, Baked Beans, Cole Slaw, Assorted Fruits	LUNCH: Stuffed Crust Pizza, Corn, Tossed Salad, Whole Wheat Sugar Cookie
BCHS Salad Bar Entrée: Chicken Tenders	<u>BCHS Salad Bar Entrée</u> : Mini Corn Dogs	BCHS Salad Bar Entrée: Ham & Cheese Wrap	<u>BCHS Salad Bar Entrée</u> : Peanut Butter/Jelly Sandwich	BCHS Salad Bar Entrée: Grilled Cheese Sandwich
17 <u>BREAKFAST</u> : Pancakes, Syrup	18 <u>BREAKFAST</u> : Breakfast Pizza	19 <u>BREAKFAST</u> : Cereal, Muffin	20 <u>BREAKFAST</u> : Sausage Biscuit/Gravy	21 <u>BREAKFAST</u> : Cheese Toast
LUNCH: Mini Corn Dogs, Scalloped Potatoes, Raw Vegetables, Fresh Fruit	LUNCH: Ham & Cheese on Bun (L/T/M), Corn, Peaches, Peanut Butter Cookie	LUNCH: Grilled Cheese Sandwich, Lima Beans, Tossed Salad, Fruit Juice	LUNCH: Fajita Wrap, Rice Pilaf, Corn, Cherry Cobbler	LUNCH: Chicken Nuggets, French Fries, Cole Slaw, Roll, Haystack
BCHS Salad Bar Entrée: Cheese Sticks	<u>BCHS Salad Bar Entrée</u> : Peanut Butter/Jelly Sandwich	BCHS Salad Bar Entrée: Baked Potato w/ Toppings	<u>BCHS Salad Bar Entrée</u> : Mini Corn Dogs	BCHS Salad Bar Entrée: Soup
24 <u>BREAKFAST</u> : Cereal, Cinnamon Toast	25 <u>BREAKFAST</u> : Breakfast Pizza	26 <u>BREAKFAST</u> : Egg, Cheese Biscuit	27 <u>BREAKFAST</u> : Sausage Biscuit, Gravy	28 12:30 EARLY RELEASE
<u>LUNCH</u> : Cheeseburger on Bun (L/T/M), Baked Beans, Carrots/Dip, Peaches	<u>LUNCH</u> : Fish, Macaroni & Cheese, Cole Slaw, Roll, Fruit	<u>LUNCH</u> : Manager's Choice	<u>LUNCH</u> : Chicken, Mashed Potatoes/Gravy, Green Beans, Roll, Fruit	BREAKFAST: Cereal, Toast <u>LUNCH</u> : Stuffed Crust Pizza, Corn, Tossed Salad, Fruit
BCHS Salad Bar Entrée: Grilled Chicken	<u>BCHS Salad Bar Entrée</u> : Corn Dog	<u>BCHS Salad Bar Entrée</u> : Manager's Choice	BCHS Salad Bar Entrée: Grilled Cheese Sandwich	BCHS Salad Bar Entrée: Egg Roll
31 <u>BREAKFAST</u> : Scrambled Eggs, Toast <u>LUNCH</u> : Potato Soup, Grilled Cheese Sandwich, Crackers, Orange Sherbet	policy, this institution is prohib race, color, national origin, sey of discrimination, write USDA, Independence Avenue SW, W free (866) 632-9992 (Voice). I have speech disabilities may c Service at (800) 877-8339; or equal opportunity provider and	Law & U.S. Department of Agric ited from discriminating on the bit c, age, or disability. To file a cor , Director, Office of Adjudication, /ashington, DC 20250-9410 or c Individuals who are hearing impa ontact USDA through the Federal (800) 845-6136 (Spanish). USDA employer.	asis of mplaint , 1400 call toll ired or Relay	11-2012 MEAL PRICES <u>6-7</u> <u>BCHS</u> <u>ADULT</u> \$1.05 \$1.05 \$1.30 \$1.80 \$1.80 \$2.50 All breakfasts are served with a choice of fruit or juice. All meals are served
BCHS Salad Bar Entrée:	BCHS offers salad bar. VES/MES offers tossed & d chef salads.	Menus are subject to chang epending on prices and availab food items		with a choice of milk.

food items.

chef salads.

Peanut Butter Sandwich